

Self Assessment Guide

Institutional Level

This evaluation tool is targeting pre-schools. In case the tool should be used in other settings some of the questions must be revised.

The following themes are encompassing in the self-evaluation tool:

1. Policy, strategy and management
2. Action planning
3. Implementation
4. Evaluation and communication

In spite of the quantitative nature of the evaluation tool, the tool can with a significant benefit also be used in a qualitative way. In this case please describe "in which way" instead of "to which extent".

The tool can furthermore be split so that selected questions or themes are rated or described.

Rating:

0 = Not at all, 1 = To a lesser degree, 2 = To some extent, 3 = To an average degree, 4 = To a high degree, 5 = To a very high degree

Policy, strategy and management	Rating 0-5
1. The extent to which the institution is aware of existing health policies and strategies at the municipal level?	
2. The extent to which the institution is aware of the contents of existing health policies and strategies at the municipal level?	
3. The extent to which the institution is concerned with the health of children - including childhood obesity?	
4. The extent to which the institution works systematically with health promotion, for example using recurring themes as a visible part of the educational curriculum?	
5. The extent to which existing health policies and strategies at the municipal level are included in the planning of institutional health interventions?	
6. The extent to which the institution cooperates with the political / administrative level in relation to institutional health themes and issues?	
7. The extent to which the institution cooperates with other professional groups in relation to institutional health themes and issues?	
8. The extent to which the institution cooperates with other settings related to the institutional health themes and issues?	
9. The extent to which the institution is in dialogue with children / parents about appropriate health themes-issues?	
RATING IN ALL	

Action planning	Rating 0-5
10. The extent to which a needs assessment is conducted before planning of institutional health interventions?	
11. The extent to which the planning of institutional health interventions is characterized by a systematic approach such as a written care plan?	
12. The extent to which the institution uses scientific data for planning institutional health interventions?	
13. The extent to which institutions cooperate with the political / administrative level when planning institutional health interventions?	
14. The extent to which the institution collaborates with relevant professionals in the planning of institutional health interventions?	
15. The extent to which the institution cooperates with other relevant settings in the planning of institutional health interventions?	
16. The extent to which the institution cooperates with children and parents when planning institutional health interventions?	
17. The extent to which the planning of institutional health interventions is characterized by specific goals?	
18. The extent to which the child's socio-cultural and economic context and status is taken into account when planning institutional health interventions	
19. The extent to which evaluation is a part of the planning for institutional health interventions?	
RATING IN ALL	

Implementation	Rating 0-5
20. The extent to which the implementation of institutional health interventions take place in collaboration with the political / administrative level?	
21. The extent to which the implementation of institutional health interventions take place in collaboration with relevant professional groups?	
22. The extent to which the implementation of institutional health interventions take place in collaboration with other relevant settings?	
23. The extent to which the implementation of institutional health interventions take place in collaboration with children / parents?	
24. The extent to which the child's sociocultural environment is taken into consideration during the implementation?	
RATING IN ALL	

Evaluation and communication	Rating 0-5
25. The extent to which a baseline is completed before initiation of institutional health interventions?	

26. The extent to which a mid-term evaluation is conducted in connection with institutional health interventions?	
27. The extent to which a final evaluation is conducted in connection with institutional health interventions?	
28. The extent to which intermediary evaluation results are communicated to relevant parties, e.g. target group, other groups and the municipality?	
29. The extent to which evaluation results are applied when introducing new institutional health interventions?	
RATING IN ALL	

Additional informations	YES/NO
Is an institutional health policy formulated?	
In this case, does the policy cover food and meals?	
In this case, does the policy cover exercise?	
In this case, does the policy cover well-being?	
Are there professional practitioners who are dedicated to work with health, such as personnel who have been trained and / or selected for the task?	

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